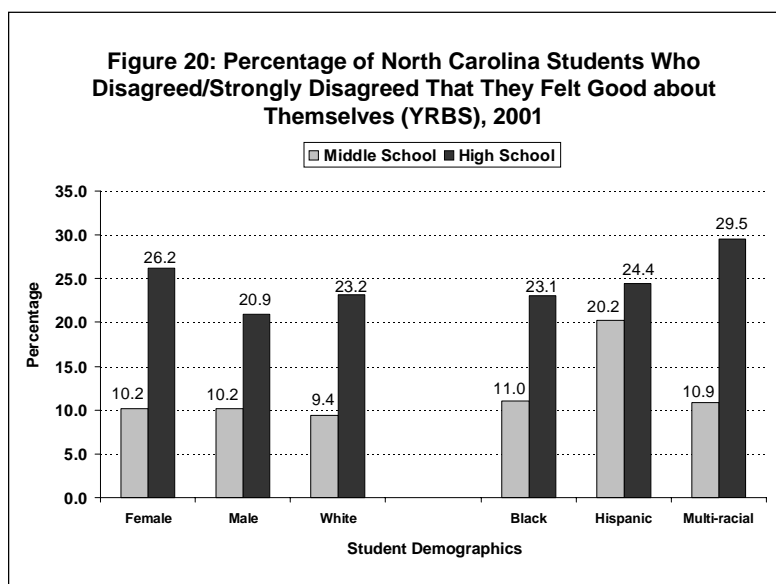
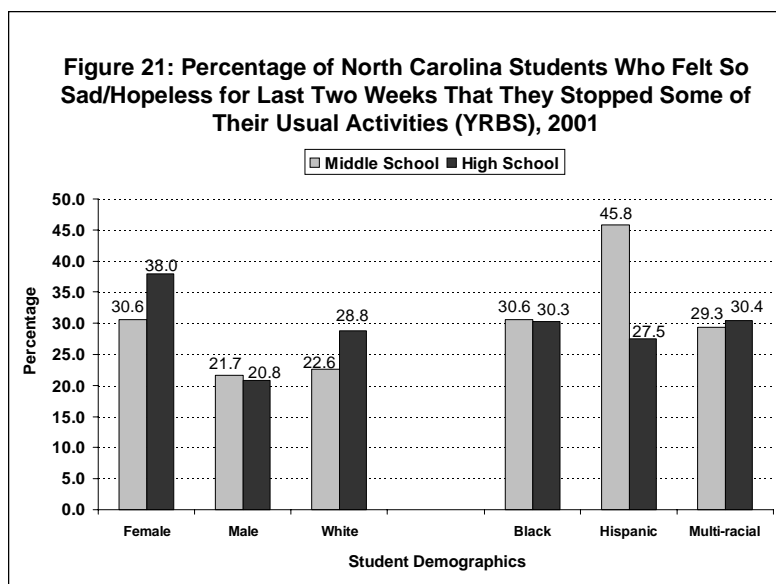


One of the questions middle and high school students were asked in 2001 was if they felt good about themselves. Students could select that they strongly agreed, agreed, were not sure, disagreed, or strongly disagreed that they felt good about themselves. More than twice as many North Carolina high school students as middle school students selected that they disagreed or strongly disagreed that they felt good about themselves. About 24 percent of the high school students and about 10 percent of the middle school students responded that they did not feel good about themselves on the most recent survey. Female (26.2%) and multi-racial (29.5%) high school students and Hispanic middle school students (20.2%) had a higher percent who disagreed that they felt good about themselves compared with other middle and high school students (Figure 20).



High school and middle school students were asked if, during the past 12 months, they ever felt so sad or hopeless for almost every day for two weeks or more in a row that they stopped doing some usual activities. About a quarter of the middle school students, and about 30 percent of the high school students responded in 2001 that they felt so sad and hopeless for two weeks or more in a row that they did stop some of their usual activities. Almost half of the Hispanic and over 30 percent of the female students in middle school, and 38 percent of the female high school students, selected this answer (Figure 21).



In the 2001 YRBS survey, high school students were asked how often they felt stress in their lives. The answer choices offered were that they never, rarely, sometimes, most of the time, or all of the time felt stress in their lives. Female, white, and 12th grade high school students reported most frequently that they felt

stress in their life most or all of the time. Almost one in two females, one in two 12th graders, and about 42 percent of the white students selected this response in the 2001 YRBS. Hispanic and male high school students were the least likely to feel stress in their life most or all of the time (Figure 22). (This question was not administered to middle school students.)